

Menu Spring/ Summer 2025

Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday (v)				
	Breakfast 7:30am - 8:30am								
	Fresh fruit with a selection of cereal or porridge Morning Snack 10:00am – 10:30am Fresh fruit or vegetable with wholemeal toast or baked goods, served with a cup of milk or water								
	Tomatoes and salsa with breadsticks (G)	Oranges and brown bread (G) with cheese spread (DA)	Yellow pepper and raisins	Cucumber and toasted brown bread (G)	Red pepper and salsa with tortilla chips				
			Lunch 12pm - 1pm served with a cup of wate	r					
Starter		Cream Cheese Pinwheels G, DA	·		Corn on the Cob				
Main	Sweet & Sour Chicken SY, CE	Beef Lasagne G, E, DA	BBQ Hunters Chicken Pasta Bake G, DA	Beef Meatballs in a Cream Sauce G, DA,	Vegetable Chilli G, CE				
Veg Option	Sweet & Sour Vegetables SY, CE	Vegetable Lasagne G, E, DA	BBQ Hunters Veg Pasta Bake G, DA	Meat-Free Balls in a Cream Sauce G, DA	All courses same as main menu				
Served with	Rice & Prawn Crackers SF			Mashed Potato & Peas DA	Rice & Tortilla Chips				
Dessert	Apple Crumble Loaf Cake G, DA, E		The Children's Choice Jelly Strawberry, Raspberry OR Orange	Summer Flapjack DA					
	Afternoon Snack 2:00pm – 2:30pm Fresh fruit with wholemeal toast or baked goods, served with a cup of milk or water								
	Oranges and oat biscuit (G)	Red pepper and tortilla chips	Breadsticks (G) and green cucumber	Children's choice	Orange pepper and oat biscuit (G)				
	Early Evening Light Tea 4pm - 4:30pm Children to provide their own snack or tea from home. Served with a cup of water								
Allergen coo			, it is displayed next to the a UTS –PN, SOYA – SY, DAIRY	appropriate meal	ARD – MU, SESAME – SE.				

Allergen codes: GLUTEN – G, EGG –E, FISH –F, NUTS – N, PEANUTS –PN, SOYA – SY, DAIRY – DA, CELERY – CE, MUSTARD – MU, SESAME – SE SULPHITES – SU, LUPIN – LU, SHELL FISH – SF (Crustaceans and Molluscs), Vegetarian day – (v)

We will always cater for dietary requirements and needs. The above information does not include allergen information that 'may contain' and is subject to changes of menu ordering and product availability and is just to be used as a guide. Please ensure that you have notified the nursery management of any allergies, so this can be added to your child's care plan, information will then be passed on to the practitioners and the chef.



Menu Spring/ Summer 2025

Menu Week 2

	Monday (v)	Tuesday	Wednesday	Thursday	Friday			
			Breakfast					
	7:30am - 8:30am							
	Fresh fruit with a selection of cereal or porridge							
	Morning Snack							
	10:00am – 10:30am							
	Fresh fruit or vegetable with wholemeal toast or baked goods, served with a cup of milk or water Red apples and pitta Children's choice Pineapple and carrots Green grapes and oat Red grapes and							
	served with houmous	Cililaren s choice	with houmous (SE)	digestive biscuits (G)	breadsticks (G)			
	Lunch							
	12pm - 1pm							
			served with a cup of wate	r				
Starter			Pizza Twists		Pitta & Houmous			
			G, DA		G, SE, SU			
Main	Cheesy Pasta Bake G, DA	Creamy Chicken & Leek Hotpot G, DA	The Children's Choice Cottage Pie OR Cowboy Pie G, E, DA, CE	Chicken Kiev Pasta G, DA	Pork Sausages E, SU			
Veg Option	All Courses same as main menu	Creamy Veg Hotpot G, DA	Quorn & lentil Cottage OR Cowboy Pie G, E, DA, CE	Quorn Kiev Pasta G, DA	Vegetarian Sausages G, E			
Served with	Vegetable Sticks	Broccoli Florets	Seasonal Vegetables	Garlic Bread G, DA	Mashed Potato & Beans DA			
Dessert	Fruit Whip DA	Fruity Drizzle Loaf G, DA, E		Berry Pancakes G, DA, E				
	Afternoon Snack 2:00pm – 2:30pm							
	Fresh fruit with wholemeal toast or baked goods, served with a cup of milk or water							
	Peaches and breadsticks (G)	Apples and pitta served with brown bread (G) and butter (DA)	Apples and pitta (G) with children's choice of filling	Red grapes and breadsticks (G)	Carrots with houmous (SE) , children's choice of fruit			
	Early Evening Light Tea							
	4pm - 4:30pm Children to provide their own snack or tea from home.							
	Served with a cup of water							

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Menu Spring/ Summer 2025

Menu Week 3

	Monday	Tuesday (v)	Wednesday	Thursday	Friday			
	Breakfast 7:30am - 8:30am Fresh fruit with a selection of cornel or percides							
	Fresh fruit with a selection of cereal or porridge Morning Snack							
	10:00am – 10:30am							
	Fresh fruit or vegetable with wholemeal toast or baked goods, served with a cup of milk or water							
	Tomatoes and salsa.	Mango and cream	Children's choice	Pear and muffin (D)	Tinned peaches and			
	Tortilla wraps (G) and	crackers (G) with		with jam	breadsticks (G) with			
	cream cheese (DA)	children's choice of topping			cream cheese (DA)			
		1, 0	Lunch	1	<u> </u>			
			12pm - 1pm					
			served with a cup of wate	er				
Starter		Naan & Mango Chutney G, DA			Garlic Bread G			
Main	Sausage & Bean Casserole SU	Sweet Potato Coconut Curry E	Beef Enchiladas G, DA	The Children's Choice Roast Dinner Gammon OR Chicken	Turkey Meatballs in a Hidden Veg Sauce			
Veg	Vegetarian Sausage	All Courses same as	Quorn Enchiladas	Chef's alternative	Meat-Free Balls in a			
Option	& Bean Casserole G, E	main menu	G, E, DA	Roast Dinner	Hidden Veg Sauce G, E, SY			
Served	Mashed Potato	Rice	Tomato & Cucumber	Diced roast potatoes,	Spaghetti			
with	DA		Salad	cauliflower cheese, carrots & peas G, DA	G			
Dessert	Vanilla Custard Twists G, DA		Banana Bread G, DA, E	Fromage frais DA				
	Afternoon Snack 2:00pm – 2:30pm Fresh fruit with wholemeal toast or baked goods, served with a cup of milk or water							
	Mango and cream	Tomatoes and tortilla	Pear and Breadsticks	Plum and cream	Homemade recipe			
	crackers (G) with butter	wrap(G) and cream cheese (DA)	(G and DF)	crackers (G) served with children's choice of topping	made at nursery			
	Early Evening Light Tea							
	4pm - 4:30pm							
	Children to provide their own snack or tea from home. Served with a cup of water							
	Where allergens are present, it is displayed next to the appropriate meal							

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